

*a message
from the director*

Dear New Member:

Welcome to The Alaska Club and to our Racquetball Department.

The Racquetball Department offers ongoing programs, which include tournaments, free clinics, challenge courts, group and individual lessons and junior teams. Special programs such as leagues, ladders, camps, product demonstration nights, and visiting celebrity clinics are presented periodically.

All programming information can be found on the racquetball bulletin boards and in the information bins in the court area as well as in your monthly newsletter.

As a new member, you may want to meet other players. Challenge courts and tournaments are an ideal way to achieve this goal. You may choose to play or just observe and meet the other members. Included in this brochure is the racquetball tournament schedule for the 2007-08 season and the hours for the challenge court at both the East and Midtown locations. Tentative dates and times for other programs are included.

Lessons

All of our pros are available for group or individual racquetball lessons. A fee schedule is included in this brochure and can also be found in the racquetball department bulletin boards and information bins.

If you have any questions about the programs, or if I can be of any assistance to you, please feel free to call me. Welcome to The Alaska Club!

Sincerely,

Heather Castle
Racquetball Director
562-2460 x117
hcastle@thealaskaclub.com

Going out of town?

Try our racquetball courts at The Alaska Club Fairbanks South & North and at JRC / The Alaska Club Valley in Juneau.

**RACQUETBALL
LESSONS & COACHING
THE ALASKA CLUB EAST & MIDTOWN**

LESSON PRICES

(A session is one hour long)

All packages must be paid in advance before first lesson.

**Starter Package*
(4 sessions)**

\$100

Single Session**\$30**

Partner Training**\$35**
(2 people)

Groups of 3 or more**\$40**
(one session)

Half Session.....**\$15**

Junior Special***\$75**
(4 lessons)

*This package is a one time offer for new clientele.

Contact Heather Castle at 562-2460 x117 if interested.

INSTRUCTORS

WARREN BAILEY - AmPRO Certified Professional Level
BEN CUARESMA - AmPRO Certified Professional Level
TIM KEAVENY - AmPRO Certified Professional Level
BRANDON CUARESMA - AmPRO Certified Advanced Level
JESSE KEAVENY - AmPRO Certified Advanced Level
MIKE DRAKE - Racquetball Stringing
ELAINE HILDAHL - Racquetball Stringing

**RACQUETBALL
STRINGING**

Available at East and Midtown

**FREE CLINICS
THE ALASKA CLUB EAST & MIDTOWN**

FREE RACQUETBALL CLINICS

6:30 — 7:30pm

Mondays at Midtown; Tuesdays at East

Rules, Forehand & Backhand Strokes	Monday, Sept. 10
Forehand & Backhand Strokes #2	Tuesday, Oct. 9
Serves to win	Monday, Nov. 5
Offensive shots and Strategy	Tuesday, Dec. 11
Defensive shots and Strategy	Monday, Jan. 7
How to Play Doubles and Win	Tuesday, Feb. 12
Adv. Shots & Strategy	Monday, Mar. 10
Drills to Win	Tuesday, Apr. 8

Free Rules & Referee Clinic
BEN CUARESMA - CLINICIAN WITH CERTIFICATION

“Never Played”

Free Racquetball Clinic Series w/ Tom Hood

Saturdays 10:00 — 11:30am
The Alaska Club East
Saturdays 1:00 — 2:30pm
The Alaska Club Valley

September 8
October 6
November 3
January 6
February 9
March 8

These clinics are free, just show up ready to play!
Some equipment will be provided by The Alaska Club.
You must sign up at the front desk. Clinics limited to 6 players.

RACQUETBALL TOURNAMENTS

2007 — 2008 Schedule

Slaying the Beast Aug. 23 — 26 Midtown
(LeiomyoSarcoma Fundraiser)

Great Alaska Rollout Sept. 20 — 23 Midtown
(Alaska Amatuer Racquetball Association Membership Drive)

Alaska Open Oct. 18 — 21 TBD

4 Wall Turkey Brawl Nov. 8 — 11 Midtown

Rippin' Around The Christmas Tree Dec. 13 — 16 Midtown

Alaska State Doubles Jan. 31 — Feb. 3 Midtown

Alaskaracquetball.com \$2500 Shootout Feb. 28 — Mar. 2 Midtown

Alaska State Singles Apr. 3 — 6 Midtown

All The Alaska Club tournaments are AARA sanctioned events, and require an annual \$15 membership fee that will allow membership for one calendar year. If you are a current USAR member, you will satisfy the membership requirement.

RACQUETBALL SHUTTLES

Singles (Round Robin Style): Oct 13

Singles — March 22nd

Doubles — Jan 19th

For more information on tournaments, pick up a copy of Racquetball Tournaments 101 at East or Midtown in the flyer holder.

Tournament information online!

www.alaskaracquetball.com

Download entry forms, and sign up for the racquetball.

www.thealaskaclub.com

RACQUETBALL CHALLENGE COURT HOURS

Midtown Mondays 5:30pm — Closing

High School Challenge Saturdays, Noon — 2pm

East Tuesdays 5:30pm — Closing
Saturdays 8am — Noon

Valley Mondays, 5:30pm — Closing

ONGOING RACQUETBALL PROGRAMS

East Team League —

Fall Session: TBD, 2007

Winter Session: TBD, 2008

Thursdays

6:30–8:30pm

Warren Bailey, League Coordinator

Junior High/High School Program

with Tim Keaveny & Jesse Keaveny

Tuesdays at East & Thursdays at Midtown

Session 1: Sept. 1 — Oct. 11th

Session 2: Oct. 16 — Nov. 27th

Session 3: Jan. 8 — Feb. 21

Session 4: Feb. 26 — Apr. 17

Juniors Youth Program — Saturdays @ Midtown

with Jesse Keaveny

Monthly Sessions: Sept, Oct, Nov, Feb, Mar, April

(www.thealaskaclub.com/sports for more information)

Multibouncers, age 6 — 8, 10am — 11am

Youth, age 9 — 12, 11am — 12:30pm

East Women's Clinics

Wednesday evenings 6:30 — 8:30pm

with Ben Cuaresma

Cost: \$40/session

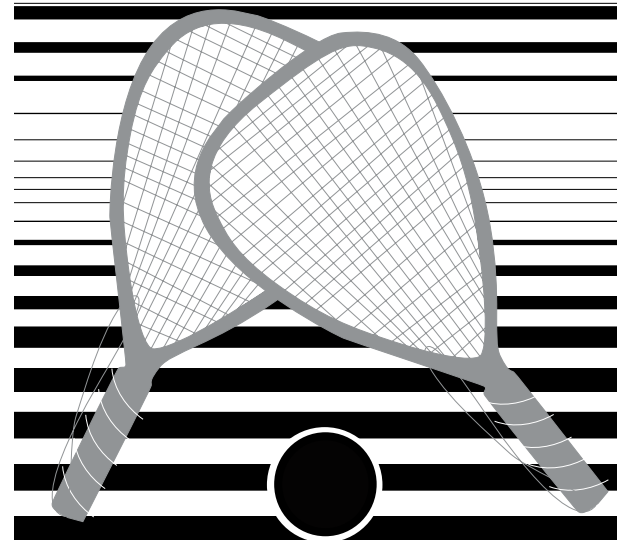
Session1: October 10, 17, 24, & 31, 2007

Session2: Jan. 9, 16, 23, & 30; Apr. 9, 16, 23, 30, 2008

#3 - April 4, 11, 18, & 25, 2007

Racquetball

2007 — 08 at The Alaska Club



Midtown

630 E. Tudor Road

562-2460

East

5201 E. Tudor Road

337-9550

Valley

1720 East Parks Highway

376-3300



THE ALASKA CLUB

For more information, call 562-2460 ext. 117.