



SEASONS' GREETINGS!

As you gather to celebrate with family and friends this month, remember to take time for your health and wellness. Catch a group fitness class, take the kids for a swim, or get that essential rest and recovery time in the sauna. The Alaska Club is here to help you have a fun, active, and stress-free holiday. From our family to yours, we wish you a very happy holiday season!

DECEMBER EVENTS

- December 17** Family Fun Night
- December 19** Extra Open Swim 1-3pm at South, East, and Eagle River
- December 24 & 25** Clubs Closed for Christmas, 24-hour access available at most locations
- December 22-24 & 29-31** Winter Break Camp at East, South, Eagle River, and Fairbanks
- December 31 & January 1** Clubs Closed for New Year's Holiday, 24-hour access available at most locations

[MORE DETAILS HERE](#)

Do you have out-of-town visitors this month or need a gift for a friend or coworker?

Purchase one of our 12 Days of Fitness Passes for just \$45, good for a family of up to two adults and two kids to enjoy 12 visits to the club. Get your 12 Days of Fitness Pass at the front desk of any staffed location.

12 DAYS OF FITNESS

PURCHASE A PASS FOR \$45
GET FIT FOR THE HOLIDAYS!

THE ALASKA CLUB

Spark Joy For A Foster Child This Holiday Season!

Donate a new, unwrapped gift for a child: birth to 17 years

Gifts will be given Dec 12

Donation bins:
East, West, South, and Eagle River
Nov 19 - Dec 10

OFFICE OF CHILDREN'S SERVICES

HAPPY HOLIDAYS TO ALL!

The Alaska Club is supporting the Office of Children's Services with its annual Holiday Toy Drive, now through December 10th. OCS and Alaska Center for Resource Families are partnering for a gift giving event on December 12th to benefit children in foster care. Donate your new, unopened, unwrapped gift for a child, birth to 17 years old. Look for the bins in the entryways of The Alaska Clubs East, West, South, Wasilla, and Eagle River. Your generous gift can help make a child's holiday brighter. Thank you!

Thank you to everyone who generously donated to this year's Thanksgiving food drive. Your contribution went toward feeding hungry families in the Anchorage area. The donation link will remain active through December. In case you missed it, donate [here](#).

FINISH LINE

APP FITNESS CHALLENGE

DOWNLOAD THE APP

Now's the time to turn up your burners and finish the year strong!

Log 15 or more workouts this month to join the challenge. All those that complete the challenge earn 10 loyalty reward

points and are entered into a prize drawing to receive 2 months of Membership Plus.

OCTOBER WINNER

ROCKTOBER '25 FITNESS CHALLENGE WINNER IS:
ANNA TEELING WON A RECOVERY PT SESSION.



COMING SOON

NORDIC SPA AT THE ALASKA CLUB



-  **STEAM ROOM**
-  **HOT TUB**
-  **COLD PLUNGE**
-  **WATERFALL**
-  **FIRE PIT**
-  **SAUNA**
-  **LOUNGE AREA**
-  **WARM POOL**

INCLUDED WITH GOLD AND PLATINUM MEMBERSHIPS
LOCATED AT: THE ALASKA CLUB EAST - 5201 E TUDOR RD

LEARN MORE



THE ALASKA CLUB WINTER Camp

@EAST, SOUTH,
EAGLE RIVER, &
FAIRBANKS SOUTH

DECEMBER
22 - 24 & 29 - 31
REGISTER NOW!

SOUTH, & FAIRBANKS SOUTH CAMPS INCLUDE DAILY JUMPING AT FLY!

EXTRA OPEN SWIM SCHEDULE:

NO SCHOOL/IN-SERVICE DAYS, 1-3 PM
(FULL SCHEDULE HERE)

@ SOUTH, EAST AND
EAGLE RIVER: DECEMBER 19TH



Giving little minnows their fins... STARFISH ACADEMY SWIM LESSONS

Lessons for swimmers of every age and level.
Members and nonmembers welcome.

- Parent & Child** Introduces basic skills to parents and children, including safety topics.
- Preschool Level 2** Fundamental skills, such as floating and basic locomotion
- Preschool Level 1** Helps participants feel comfortable in the water and enjoy the water safely.
- Preschool Level 3** Guided practice in deeper water such as jumping head first and treading water.
- Learn to Swim Level 1** INTRODUCTION TO WATER SKILLS
- Learn to Swim Level 2** FUNDAMENTAL AQUATIC SKILLS
- Learn to Swim Level 3** STROKE DEVELOPMENT
- Learn to Swim Level 4** STROKE IMPROVEMENT
- Learn to Swim Level 5** STROKE REFINEMENT

@East, South, Eagle River,
Wasilla, and Fairbanks South

REGISTER NOW



FAMILY FUN NIGHT

Family Fun Night is **Wednesday, December 17th**
(3rd Wednesday of each month).

Join us for fun and family-friendly activities like swimming, games, bouncy houses for kids, crafts, and sports. It's a great time for guests to tour the facility, meet trainers, and learn more about The Alaska Club. **Free for guests!**

@East, South, Eagle River, West, Wasilla, Fairbanks & Juneau

Fun fitness activities for youth ages 6 - 12
Tuesday/Thursday 5:45 pm
@ Wasilla

JR JAM

Schedule can be found in the club app, online and on the TV schedules in the clubs.

YOUTH MARTIAL ARTS

- Karate Kids @ South**
 - Ages 5-7
 - Tuesdays & Fridays
 - 5:30 to 6:15 pm
 - \$25 members, \$70 non members
- Karate @ South**
 - Ages 8-17
 - Tuesdays & Thursdays
 - 6:30 to 7:30 pm
 - \$35 member/\$75 non member
- Karate @ East**
 - Ages 6 - 17
 - Mondays & Wednesdays
 - 5:00 to 6:00 pm
 - \$35 member / \$75 non member



REGISTER HERE

FAMILIES FLY FREE WITH THE ALASKA CLUB



Looking to FLY over Winter Break?

FLY is OPEN throughout the Holidays with the exception of Christmas Day



LET'S PARTY

Let us help you host your best birthday party!

PLAY CENTER PARTY

- Private Party with exclusive access to the Play Center for 15 guests.
- Dedicated area with tables & chairs for food and gifts
- Party Attendant available to assist

Available at West, East, South, Eagle River, Wasilla, Fairbanks South and Juneau Valley

POOL PARTY

- 2 hours in the pool during Open Swim for 15 guests.
- Dedicated area with tables & chairs for food and gifts
- Party attendant available to assist

Available at East, South, Wasilla, and Fairbanks South

PARTY ROOM PARTY

- Private party in 1500 square foot room with 1 bouncy house obstacle course, board games, sports equipment, and more for 15 guests.
- Dedicated area with tables & chairs for food and gifts.
- Party attendant available to assist

Only Available at Eagle River

SPLASH & BOUNCE PARTY

- 2 hours in pool during Open Swim and private Party Room for 15 guests.
- Dedicated area with tables & chairs for food and gifts
- Party attendant available to assist

Only Available at Eagle River

POOL & PLAY CENTER PARTY

- 2 hours in pool during Open Swim and private Play Center access for 15 guests.
- Dedicated area with tables & chairs for food and gifts.
- Party attendant available to assist

Available at Eagle River, Fairbanks South and Wasilla

OPEN SWIM GAUNTLET PARTY

- 90 minutes of water play during Open Swim on an epic, inflatable obstacle course, and 30 minutes in private Party Room for 15 guests.
- Dedicated area with tables & chairs for food and gifts.
- Party attendant available to assist

Available at East and Fairbanks South

FOAM & GAUNTLET PRIVATE PARTIES

- 90 minutes of private water play with your choice of an epic, inflatable obstacle course (pictured left) OR our giant foam cannon and 30 minutes in Party Room for presents and cake for 15 guests.
- Dedicated area with tables & chairs for food, presents, etc.
- Party attendant available to assist

Available at East , Wasilla, & Fairbanks South

TODDLER SPLASH PAD PARTY

- 120 minutes in Splash Park and Party Room for 10 guests.
- Party Room is private space. Splash Park is a shared space. One adult must be in the water with children during pool play.
- Dedicated area with tables & chairs for food, presents, etc.
- Easy, no-hassle party.

Available at South Anchorage

Contact the front desk or one of our reservations specialists to book: **907-365-9373** or callcenter@thealaskaclub.com

LEARN MORE





LIFE CAN BE EXTRA BUSY THIS MONTH BUT WE HAVE OPTIONS THAT FIT ALL SCHEDULES

On those days you’re not able to make it into the club, you can grab a workout literally anywhere at anytime: Our on demand classes can be found [within our club app](#) (workouts tab, scroll down to the Les Mills banner, hit view all) and on our website.

ACCESS ONLINE WORKOUTS HERE

GROUP FITNESS SCHEDULE

Check out the [schedule online](#) or the app.

There will be no classes on December 24th, 25th, 31st & January 1st.
STUDIO will run limited classes on Dec 24th.

We wish you a Happy Holidays! If you really need a workout, you’ll find them in our app.



Salsa, Reggaeton, Bachata and more ! Get ready to unleash your passion on the dance floor! Zumba is a high -energy, feel-good workout that blends Latin rhythms with non-stop cardio. Whether you’re a seasoned dancer or just love to move, this class welcomes all levels and guarantees a serious sweat with serious fun and good vibes!
BRING WATER, ENERGY AND YOUR BEST MOVES

Sundays 1:00 pm
FREE to Members

Register at the front desk or contact
Callcenter@thealaskaclub.com

TENNIS MEMBER & GUEST APPRECIATION

- Meet your tennis staff
- Participate in FUN drills
- Learn about USTA leagues/tournaments
- Learn about local tennis associations
- Learn how you can join our vibrant community
- Enjoy light snacks and drinks
- Meet with other tennis members

11AM-1PM
DECEMBER 6
EAST CLUB TENNIS LOUNGE



THE ALASKA CLUB

PICKLEBALL



Intro to Pickleball
This workshop is for anyone new to pickleball that wishes to learn the rules, scoring and general strategy of how to play the game.

Saturday, December 6th
@East 11 am – 12:30 pm
Coach Morgan


Intermediate Pickleball Workshop:
Learn how to improve your pickleball game to take you to your next level.

Friday, December 19th & 26th | 11 am to 12:30 pm
@ South | Coach Matt

\$10 members/\$40 non-member

Register for pickleball workshops at
www.thealaskaclub.com/pickleball or
Call Center at 907 365-7393 | callcenter@thealaskaclub.com
or at the front desk.

MARTIAL ARTS FOR ADULTS



Aikido For ages 18+

Aikido is a Japanese art of self-defense employing locks and holds and utilizing the principle of nonresistance to cause an opponent's own momentum to work against him.

Mondays/Wednesdays
@ South | 6:45 to 8 pm.

\$20 members, \$50 non members.

Karate: Ages 18+

Tuesdays/Thursdays
@ South | 6:30 – 7:30 pm
\$25 members/month, \$50 non member/month

Mondays/Wednesdays
@East | 5:00 -6:00 pm
\$25 members/ month, \$50 non members /month

Register at 907 365-7393 or callcenter@thealaskaclub.com or at the front desk.

READY TO MOTIVATE AND LEAD?

We’re seeking energetic, creative, and enthusiastic individuals interested in becoming a Group Fitness Instructor. Get a FREE Alaska Club membership when you join our team! Experience not required. We’ll provide the tools, training and support to help you become a great instructor.

We currently have a need for instructors in: **H2O Cardio, Ride, Yoga & Zumba.**

APPLY NOW



WE FEEL THE LOVE — AND
IT'S MUTUAL!

DOWNLOAD THE APP

STUDIO HOT YOGA

POP UP GRATITUDE FLOW CLASS:

Sunday December 14th | 2:30 -3:30 pm

Instructor: Stephanie

FIND MORE POP UP
CLASSES HERE

Book your classes via the Studio Hot Yoga app. If your club membership is not connected to your account, you can use the 3 for free package to book classes right away. The Studio desk staff can add in your club members. You can also email groupfitness@thealaskaclub.com to request your club membership be added to your account.

YOGA + BEER

at Williwaw Social

Wednesdays
6 - 7 pm

Led by
The Studio Hot Yoga's
Andrea B

Yoga class Free | Beer available to purchase.
Must be 21+ to attend.

Thank you to everyone who joined us at The Summit for our Wine & Wellness event on November 13. We hope you had a chance to connect with one of our skilled estheticians to learn more about the benefits of HydraFacials. This luxurious service is available at East, South/Summit, and Wasilla. Learn more about HydraFacials and [book an appointment](#) today for yourself or for a friend this holiday season. Membership Plus members may enjoy a HydraFacial for only \$59!

LEARN MORE



Thank you for giving The Alaska Club Platinum honors for Best Athletic Club, Best Yoga Studio and Best Indoor Activity Center, and Silver for Best Summer Camp in The Best of Alaska 2025. We couldn't have done it without you!

THANK YOU!

HELP US CELEBRATE



THE ALASKA CLUB

Help us celebrate our 40th anniversary! The Alaska Club turns 40 in February. We're looking for families who've relied on the club for generations to keep their families healthy and active. Share your story and pictures with marketingmail@thealaskaclub.com. You may be featured in an upcoming newsletter or social media post. Thank you for choosing us to be your source of fitness, wellness and family fun.





TURN YOUR WORKOUTS INTO REWARDS!

PERKS PROGRAM

Your workouts are worth more than just a good sweat. With The Alaska Club Perks Program, every visit earns you points you can redeem for awesome rewards.

- Use your points your way:
- Pamper yourself with in-club services or TAC gear
 - Enter sweepstakes or unlock exclusive national deals
 - Score savings on hotels, merchandise, concerts, sporting events & more

LEARN MORE



It gets even better with Membership Plus!

- Instant discounts on hotels & name-brand merchandise—no points needed! (Save up to \$2,500 annually!)
- Redeem your points for gift cards to top retailers like Amazon, Apple, Lowe’s, and hundreds of restaurants.
- With Membership Plus, you’re not just earning points—you’re unlocking a lifestyle of savings and rewards.

Join Membership Plus today and embark on a journey of ultimate wellness and luxury.

ELEVATE YOUR MEMBERSHIP WITH MEMBERSHIP PLUS

SKINCARE



WELLNESS
& RECOVERY



FAMILY
& FRIENDS





PERKS

WHAT’S INCLUDED?

- MASSAGE
 - CRYOTHERAPY LOUNGE CHAIRS
 - SALT & RED-LIGHT THERAPY
 - HYDROMASSAGE
 - HYDRAFACIAL
 - UV & SPRAY TANNING
- CHILDCARE
 - GUEST PASSES
 - PRO-SHOP DISCOUNTS
 - MOVIE RENTAL DISCOUNTS
 - VIP ACCESS TO PERKS PROGRAM FOR TRAVEL, ENTERTAINMENT & MORE

