

SOUTH GYM SCHEDULE

	MON	TUE	WED	THU	FRI	SAT	SUN
5:00 AM	5:00am-12:30pm Open Gym	5:00-6:00am Open Gym	5:00am-12:30pm Open Gym	5:00-6:00am Open Gym	5:00am-12:30pm Open Gym	Staff Hours (8:00am-7:00pm)	
6:00 AM		6:00-8:30am Pickleball		6:00-8:30am Pickleball			
7:00 AM						8:00-9:00am Open Gym	8:00-9:00am Open Gym
8:00 AM		9:00-11:00am Pickleball		9:00-11:00am Pickleball			
9:00 AM							
10:00 AM							
11:00 AM							
NOON	12:30-2:30pm Pickleball	12:30-2:30pm Pickleball	12:30-2:30pm Pickleball				
1:00 PM				8:30am-9:00pm Open Gym	8:30am-9:00pm Open Gym		
2:00 PM	2:30-9:00pm Open Gym	2:30-9:00pm Open Gym	2:30-9:00pm Open Gym				
3:00 PM							
4:00 PM							
5:00 PM							
6:00 PM							
7:00 PM							
8:00 PM							

Pickleball

This fun sport combines many elements of tennis, badminton and ping-pong. Pickleball can be played both indoors or outdoors on a badminton-sized court and a slightly modified tennis net with a paddle and a plastic ball with holes.