

EAST GYM SCHEDULE

	MON	TUE	WED	THU	FRI	SAT	SUN
5AM							
6AM							
7AM						Staff Hours (10am-6pm)	Staff Hours (10am-6pm)
8AM			5-12:30pm Open Gym				
9AM						8:05-11am Pickleball	8:05-11am Pickleball
10AM							
11AM							
NOON	5-8pm Open Gym	5-8pm Open Gym	12:30-2:30pm Pickleball	5-8pm Open Gym	5-8pm Open Gym		
1PM							
2PM						11am-6pm Open Gym	11am-6pm Open Gym
3PM							
4PM							
5PM			2:30-8pm Open Gym				
6PM							
7PM							
8PM							

Pickleball

This fun sport combines many elements of tennis, badminton and ping-pong. Pickleball can be played both indoors or outdoors on a badminton-sized court and a slightly modified tennis net with a paddle and a plastic ball with holes.