

# **The Alaska Club**

## **Yoga In The Park 2020 Mitigation Plan**

We have established the following guidelines and procedures to keep participants and staff healthy and safe during Yoga In The Park:

### **1. General**

- a. No cash will be exchanged and no receipts will be needed.
- b. We will provide multiple hand sanitizer stations.
- c. The Alaska Club Yoga In The Park event has established a COVID-19 Mitigation Plan addressing the practices and protocols to protect staff and children. This aligns with The Alaska Club's overall mitigation plan which can be found online at: <https://www.thealaskaclub.com/reopening>
- d. The YITP Mitigation plan will be available at the registration area and will be available on request.
- a. The Alaska Club will post signage stating clearly that any person with symptoms consistent with COVID-19 may not enter the premises.
- b. No water will be provided; participants must bring their own.
- c. If a participant or staff member needs to use the restroom, they will be directed to The Alaska Club Downtown – 1 block away. Non-members will receive a sanitized and laminated guest pass to use. Cleaning before and after use will follow The Alaska Clubs overall Mitigation Plan.
- d. Each participant will be required to sign-in on a special registration form identifying their name, address, email, phone and whether a member or non-member, they will check the box stating that they have had no symptoms.
- e. For any attendees who come from out-of-state or have recently traveled out-of-state, The Alaska Club will require affirmation that the participant has abided by the 14-day quarantine requirement prior to participation after arriving in the community.
- f. If The Alaska Club has an employee with confirmed COVID-19 and this employee has entered the outdoor event, the following steps will be taken immediately:
  - i. Event will be shut down and CLOSED until the following week.
  - ii. Use Electrostatic sprayer on all equipment and touchpoints.

- iii. Health officials will be notified so contact tracing process can begin.
- iv. The event will be postponed to the following week.
- v. TAC will continue to work closely with local officials as needed to aid in contact tracing.

## **2. Social Distancing**

- a. Clear markings will be established on the lawn identifying where participants should place their mats. There will be at least a 10' between each marking
- b. There will be clear instruction on the protocols including social distancing posted at the registration area.
- c. Additional staff will be on-hand to make sure participants adhere to social distancing protocols.

## **3. Capacity**

- a. Group size limited to 150-250.

## **4. Hygiene Protocols**

- a. The Alaska Club staff member will clean and disinfect frequently touched surfaces. This includes tables, pens, etc. used during event.
- b. The Alaska Club will maintain an adequate supply of disinfectant spray (Virex and Oxivir), hand sanitizer, and paper towels to have available.
- c. These items will be regularly stocked and located in a prominent easy to access area.
- d. Before and after each outdoor event an Electrostatic sprayer will be used on the stage, tents, tables and other touchpoints for disinfecting purposes.
- e. Cleaning and disinfecting will be conducted in compliance with CDC protocols.

## **5. Staffing/Operations**

- a. Cloth face coverings will be worn by all The Alaska employees.
- b. Cloth face coverings are encouraged for participants.
- c. The Alaska Club will maintain a hard copy of the COVID-19 Mitigation Plan and any other written safety, sanitization, and physical distancing protocols (specific to COVID-19) on the premises.
- d. All staff will be required to sign the daily staff log.
- e. Symptomatic or ill employees will not be allowed onsite.

- f. All staff will be screened prior to shift, which will include a thermal temperature reading.
- g. All staff must adhere to The Alaska Clubs Employee Safety & Training COVID Guidelines.
- h. Management will be on sight to provide support and make sure adherences are being met.
- i. Before and after each outdoor event an Electrostatic sprayer will be used on the stage, tents, tables and other touchpoints for disinfecting purposes.