EAGLE RIVER GYM SCHEDULE

	MON	TUE	WED	THU	FRI		SAT	SUN
5AM 6AM 7AM 8AM	5-9am Open Gym	5-9am Open Gym	5-11am Open Gym	5-9am Open Gym		8AM 9AM 10AM 11AM		
	9am-1pm Half Court Basket Ball	9am-Noon Pickleball	9am-1pm Half Court Basket Ball	9am-Noon Pickleball	5am-3pm Open Gym	NOON 1PM 2PM	8am-6pm Open Gym	8am-6pm Open Gym
NOON 1PM 2PM 3PM	1-8pm Open Gym	Noon-8pm Open Gym	1-8pm Open Gym	Noon-8pm Open Gym	3-5:30pm	3PM 4PM 5PM 6PM		
4PM 5PM 6PM 7PM					5:30-8pm Open Gym			

Pickleball

This fun sport combines many elements of tennis, badminton and ping-pong. Pickleball can be played both indoors or outdoors on a badminton-sized court and a slightly modified tennis net with a paddle and a plastic ball with holes.





