



Member Newsletter

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- ALS Fundraisers
- Group Fitness & Programming
- Youth Activities
- 12 Days of Fitness for Friends & Family

NEWS TO USE

EARN MORE POINTS

BY REFERRING A FRIEND

GET THE ALASKA CLUB APP & EARN BIG POINTS!

Join the rewards programming this month and send your friend a 3-day pass. If they join, you'll receive 750 Reward Points!

Available from the iTunes Store & Google Play Store:

- Rewards Program
- Track Workouts
- Set Goals
- Join Challenges
- Schedule classes
- Club Check-in
- Real-time Notifications

HOLIDAY SCHEDULE

Tuesday, Dec. 24: Christmas Eve

- Classes end @ 2:30pm
- South club closes @ 6pm
- West remains open (24 hours)

Wednesday, Dec. 25: Christmas Day

- South club is closed - no classes
- West remains open (24 hours)
- Classes resume 12/26 @ 8:20am

Wednesday, Jan. 1: New Year's Day

- South club open @ 10am - 6pm
- (CHECK ONLINE OR APP FOR SCHEDULES)

HAPPY HOLIDAYS

FAIRBANKS DECEMBER 2019

DECEMBER is a great time to start thinking about your New Year's resolution. Consider trying a new group fitness class with a friend, or maybe personal training is on your holiday list. Ask a fitness consultant about The Alaska Club's Team Training program. The most important thing to remember is to nurture yourself and your family. There are many new and fun activities to keep the kids excited about fitness while on break! Learn more about Parents Night Off and other youth programs by visiting TheAlaskaClub.com.

STARFISH ACADEMY

SWIM LESSONS

Missed Registration? Contact the Starfish Coordinator at 458-1765



BIRTHDAY PARTIES

Book your birthday party at The Alaska Club, it's the perfect place for any celebration. It's easy, affordable and we do most the work. Come visit us or call 452-6801 to book your party today!



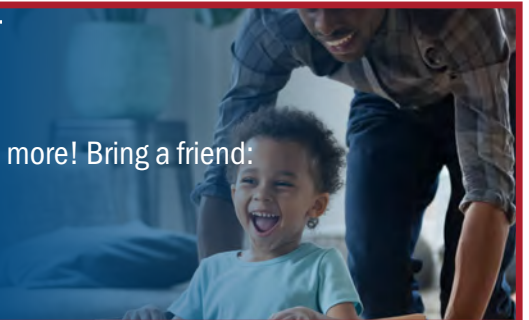
FAMILY FUN NIGHT

Fairbanks

DECEMBER 18, 5-8pm

Games, Workouts, Crafts and more! Bring a friend:

FREE for members & guests





12 DAYS OF LIFTNESS · DECEMBER 1 - 31

Let's keep our muscles reviving our metabolism. Manually log 12 or more strength training workouts in the app between Dec 1 and 31st. Upon completion you will receive 50 loyalty reward points and be entered to win a one hour PT session and one Team Training Session.

12 DAYS OF FITNESS

SHARE THE GIFT OF FITNESS

PURCHASE A 12 DAYS OF FITNESS PASS FOR JUST \$25!



PURCHASE A

12 DAYS OF FITNESS PASS FOR \$25

SHARE THE GIFT OF FITNESS



THE ALASKA CLUB



RACE TO FIND A CURE FOR ALS

January 31, 2020 – February 2, 2020

Join The Alaska Club in our race to find a cure for ALS. Become a part of our team at the Surf City Marathon/Half Marathon & 5k Huntington Beach. For more info, visit thealaskaclub.com/ALS or contact Janet at Jwarner@TheAlaskaClub.com

FAMILY FUN NIGHT

FAIRBANKS SOUTH:

DECEMBER 18, 5-8pm

Games, Workouts, Crafts and more! Bring a friend:

FREE for members & guests



S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

APP CHALLENGE | STARTS DECEMBER 1 | ENDS DECEMBER 31

WEDNESDAY	18	FAMILY FUN NIGHT
FRIDAY	20	PARENTS' NIGHT OFF
WEDNESDAY	25	MERRY CHRISTMAS
MONDAY	JAN.6	WINTER/SPRING FITNESS SCHEDULE BEGINS

LOCATIONS

ANCHORAGE SOUTH · 10931 O'MALLEY CENTRE DRIVE · 344-6567 / THE SUMMIT · 11001 O'MALLEY CENTRE DRIVE, SUITE 103 · 365-7300 / EAST · 5201 EASTTUDOR ROAD · 337-9550 / WEST · 1400 WEST NORTHERN LIGHTS BOULEVARD · 264-2720 / FOR WOMEN · 1450 WEST NORTHERN LIGHTS BOULEVARD · 264-2700 / DOWNTOWN · 701 W. 8TH AVENUE, STE 100 · 274-4232 / STUDIO · 3841 W. DIMOND BOULEVARD · 245-2223 / JEWEL LAKE · 3841 W. DIMOND BOULEVARD / EAGLE RIVER · 12001 BUSINESS BOULEVARD · 694-6677 / WASILLA VALLEY · 1720 EAST PARKS HIGHWAY · 376-3300 / PALMER 12051 EAST PALMER-WASILLA HIGHWAY FAIRBANKS SOUTH · 747 OLD RICHARDSON HIGHWAY · 452-6801 / WEST · 575 RIVERSTONE WAY · 452-3777 JUNEAU VALLEY · 2841 RIVERSIDE DRIVE · 789-2181 / DOWNTOWN · 641 WEST WILLOUGHBY AVENUE · 586-5773

