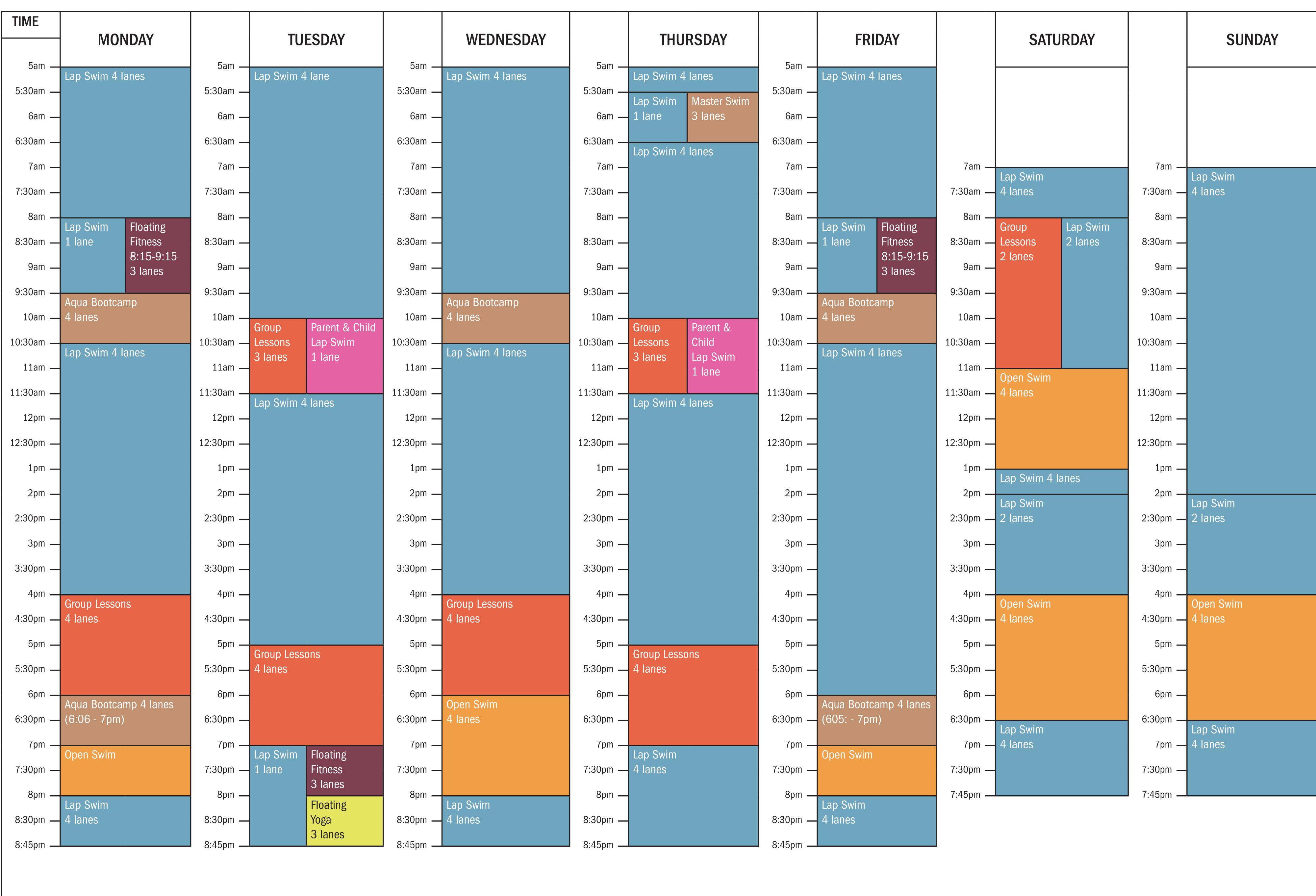


EAGLE RIVER POOL SCHEDULE SUMMER 2018





Lap Swim

A time reserved for lap swimming and other conditioning activities. Private lessons available during this time.

Private Lessons

We offer private and semi-private lessons to accommodate any age and skill level at a variety of times. A section of the pool may be limited for the lessons. Call 365-7393 for more information.

Group Lessons

We offer a variety of swim lesson programs at Starfish Academy to accommodate any age and skill level.
Call 365-7393 for more information.

Parent & Child Lap Swim

Parents must accompany child in pool during lap swim.

Group Fitness

A variety of fun, FREE classes for members.

Open Swim

A section of the pool is dedicated to activities for all ages. Lifeguards will be present and water slides may be turned on at their discretion. Children under 9 MUST be accompanied by an adult.

Floating Fitness

Improve core strength, stability and balance while performing exercises designed to target core on a floating board.

Call 365-7309 for more information.

Floating Yoga

Find your zen in the pool.
Yoga practice on a glide fit
board brings new challenges
and so much fun to core
stabilization, balance and
yoga poses.

POOL HOURS
MON-FRI
5AM-8:45PM

7AM-7:45PM

SAT-SUN