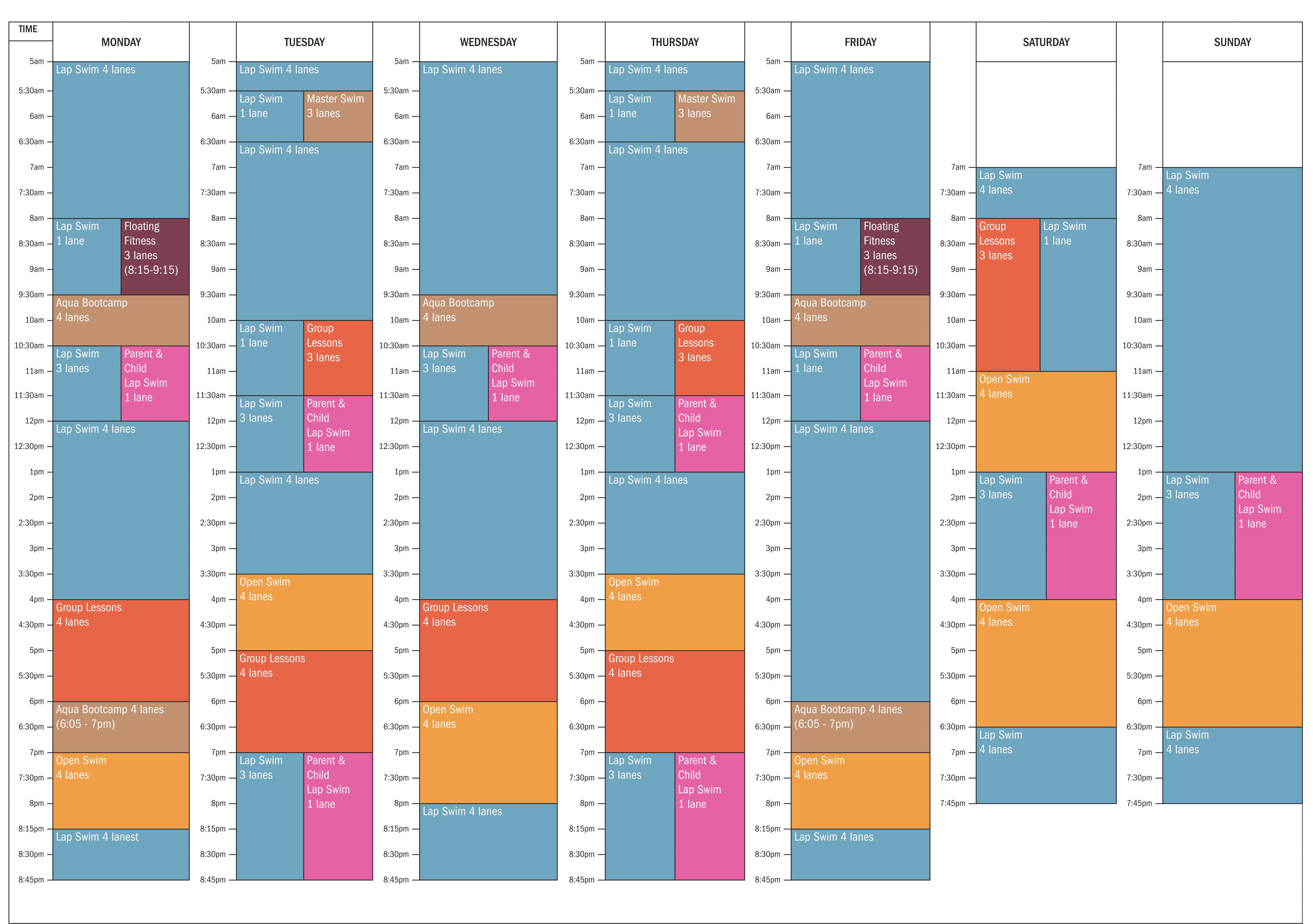


EAGLE RIVER POOL SCHEDULE

SUMMER 2019



Lap Swim

A time reserved exclusively

for lap swimming and other

conditioning activities.

Must be age 14+.

Camp Swim

Dedicated swim time for all camp participants!

We offer a variety of swim lesson programs at Starfish Academy to accommodate any age and skill level. Call 365-7393 for more information.

Group Lessons Parent & Child Lap Swim Group Fitness

Parents must accompany child in pool during lap swim.

A variety of fun, FREE classes for members.

Open Swim

A section of the pool is dedicated to activities for all ages. Lifeguards will be present and water slides may be turned on at their discretion. Children under 9 MUST be accompanied by an adult.

Floating Fitness

Improve core strength, stability and balance while performing exercises designed to target core on a floating board. Fee based program. Register at the desk or online.

Floating Yoga

Yoga practice on a glide fit board brings new challenges and so much fun to core stabilization, balance and yoga poses. Fee based program. Register at the desk or online.

POOL HOURS **MON-FRI** 5AM-8:45PM SAT-SUN 7AM-7:45PM