

POOL HOURS
MON-FRI
5AM-9:45PM
SUN-SUN
7AM-7:45PM



SOUTH POOL SCHEDULE SUMMER 2019

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5am	Lap Swim 4 lanes	Lap Swim 4 lanes	Lap Swim 4 lanes	Lap Swim 4 lanes	Lap Swim 4 lanes		Lap Swim 4 lanes
5:30am							
6am	Masters Swim 3 lanes		Masters Swim 3 lanes		Masters Swim 3 lanes		
6:30am	Lap Swim 2 lanes		Lap Swim 2 lanes		Lap Swim 2 lanes		
7am	Lap Swim 4 lanes		Lap Swim 4 lanes		Lap Swim 4 lanes		Lap Swim 4 lanes
7:30am						Lap Swim 4 lanes	
8am							
8:30am							
9am							Lap Swim shared with Tri-Sport Swim Training (LAST SUNDAY OF EACH MONTH)
9:30am	H2O Cardio		H2O Cardio		H2O Cardio		
10am						H2O Cardio	
10:30am	Lap Swim 4 lanes	Group Lessons	Lap Swim 4 lanes	Group Lessons	Lap Swim 4 lanes	Lap Swim 4 lanes	Lap Swim 4 lanes
11am		Lap Swim 1 lane		Lap Swim 1 lane			
11:30am						Open Swim	Open Swim
12pm							
12:30pm		Masters Swim		Masters Swim			
1pm							
1:30pm	Lap Swim 4 lanes	Lap Swim 4 lanes	Lap Swim 4 lanes	Lap Swim 4 lanes	Lap Swim 4 lanes	Lap Swim 4 lanes	Lap Swim 4 lanes
2pm						Little Ones	Little Ones
2:30pm						Group Lessons	Group Lessons
3pm							
3:30pm							
4pm	Group Lessons		Group Lessons				
4:30pm	Lap Swim 1 lane		Lap Swim 1 lane			Open Swim	Open Swim
5pm		Group Lessons		Group Lessons			
5:30pm		Swim Team		Swim Team			
6pm	Open Swim		Open Swim				
6:30pm	Lap Swim 1 lane		Lap Swim 1 lane			Lap Swim 4 lanes	Lap Swim 4 lanes
7pm							
7:30pm	H2O Cardio (7:05-8:05pm)	Lap Swim 1 lane	H2O Cardio (7:05-8:05pm)	Lap Swim 1 lane	Open Swim		
8pm	Lap Swim 4 lanes	Private Lessons 1 lane	Lap Swim 4 lanes	Private Lessons 1 lane	Lap Swim 1 lane		
8:30pm							
9:00pm		Open Swim (8:05-9:30pm)					
9:30pm		Lap Swim 4 lanes			Lap Swim 4 lanes		
9:45pm							

Lap Swim	Group Lessons	Open Swim	Camp Swim	Group Fitness	Swim Team	Private Lessons	Wading Pool
A time reserved exclusively for lap swimming and other conditioning activities. Must be age 14+	We offer a variety of swim lesson programs at Starfish Academy to accommodate any age and skill level. Call 365-7393 for more information.	A section of the pool is dedicated to activities for all ages. Lifeguards will be present and water slides may be turned on at their discretion. *Children under 9 MUST be accompanied by an adult.	Dedicated swim time for all camp participants!	A variety of fun, FREE classes for members.	A section of the pool is dedicated to the South Torpedos Swim Team for practice.	We offer private and semi-private lessons to accommodate any age and skill level at a variety of times. *A section of the pool may be limited for the lessons. Call 365-7393 for more information.	A shallow 2ft pool for parents and their little ones to test the waters. Hours of operation listed to the left. The Wading Pool is closed during Group Swim Lessons.

Wading Pool Hours

Mon	5am-4pm, 6-9:45pm
Tues	5-10am, 11am-5pm, 6:30-9:30pm
Wed	5am-4pm, 6pm-9:45pm
Thurs	5-10am, 11am-5pm, 6:30-9:30pm
Fri	5am-9:45pm
Sat	7am-1:30pm, 3-7:45pm
Sun	7am-1:30pm, 3-7:30pm