



THE ALASKA CLUB WASILLA POOL SCHEDULE FALL/WINTER 2019-2020

| TIME | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---------|-----------------------------|-------------------------|-----------------------|-------------------------|-----------------------|-------------------------|-------------------------|
| 5am | Lap Swim 5 lanes | Lap Swim 5 lanes | Lap Swim 5 lanes | Lap Swim 5 lanes | Lap Swim 5 lanes | | |
| 5:30am | | | | | | | |
| 6am | | | | | | | |
| 6:30am | | | | | | | |
| 7am | | | | | | | |
| 7:30am | | | | | | | |
| 8am | | | | | | Lap Swim 5 lanes | Lap Swim 5 lanes |
| 8:30am | | | | | | | |
| 9am | | | | | | | |
| 9:30am | | | | | | | |
| 10am | Aqua Fit 5 lanes | | Aqua Fit 5 lanes | | Aqua Fit 5 lanes | Group Lessons 2 lanes | Group Lessons 2 lanes |
| 10:30am | | | | | | Family Lap Swim 3 lanes | Family Lap Swim 3 lanes |
| 11am | Lap Swim 5 lanes | Family Lap Swim 5 lanes | Lap Swim 5 lanes | Family Lap Swim 5 lanes | Lap Swim 5 lanes | | |
| 11:30am | | | | | | | |
| 12pm | | Lap Swim 5 lanes | | Lap Swim 5 lanes | | | |
| 12:30pm | | | | | | Lap Swim 5 lanes | Lap Swim 5 lanes |
| 1pm | | | | | | | |
| 1:30pm | | | | | | | |
| 2pm | | | | | | | |
| 2:30pm | | | | | | | |
| 3pm | | | | | | Open Swim 5 lanes | |
| 3:30pm | | | | | | | |
| 4pm | Group Lessons 2 lanes | Family Lap Swim 3 lanes | Group Lessons 2 lanes | Family Lap Swim 3 lanes | | | Open Swim 5 lanes |
| 4:30pm | | | | | | | |
| 5pm | | Group Lessons 2 lanes | Group Lessons 2 lanes | Family Lap Swim 3 lanes | Group Lessons 2 lanes | | |
| 5:30pm | | Family Lap Swim 3 lanes | | Family Lap Swim 3 lanes | | | |
| 6pm | Aqua Barre Bootcamp 2 lanes | | Open Swim 5 lanes | | Open Swim 5 lanes | | |
| 6:30pm | | | | | | Lap Swim 5 lanes | Lap Swim 5 lanes |
| 7pm | Open Swim 5 lanes | Open Swim 5 lanes | | Open Swim 5 lanes | | | |
| 7:30pm | | | | | | | |
| 8pm | | | | | | | |
| 8:30pm | Lap Swim 5 lanes | Lap Swim 5 lanes | Lap Swim 5 lanes | Lap Swim 5 lanes | Lap Swim 5 lanes | | |
| 9pm | | | | | | | |
| 9:45pm | | | | | | | |

Lap Swim

A time reserved exclusively for lap swimming and other conditioning activities. Must be age 14+

Family Lap Swim

Lap swim for families. Children under 14 must be accompanied by an adult in the same lane.

Open Swim

A section of the pool is dedicated to activities for all ages. Lifeguards will be present and water slides may be turned on at their discretion. *Children under 9 MUST be accompanied by an adult.

Group Lessons

We offer a variety of swim lesson programs at Starfish Academy to accommodate any age and skill level. Call 365-7393 for more information.

Group Fitness

A variety of fun, FREE classes for members.

Splash Park & Slide Pool

A fun play structure that kids can enjoy with a slide, water shooters, and more. Slide pool features a 100 ft slide!

Splash Park & Slide Pool Hours

| | |
|--------------|----------------------|
| Mon | 5am-4pm, 6pm-8:45pm |
| Tues | 5am-5pm, 7-8:45pm |
| Wed | 5am-4pm, 6pm-8:45pm |
| Thurs | 5am-5pm, 7-8:45pm |
| Fri | 5am-8:45pm |
| Sat | 8-10am, 12:30-8:45pm |
| Sun | 8-10am, 12:30-6:45pm |

Slide pool closed during group lessons.

POOL HOURS

MON-THURS
5AM-9:45PM

FRIDAY
5AM-8:45PM

SATURDAY
8AM-8:45PM

SUNDAY
8AM-7:45PM