

# 2017-18 Alaska Club Racquetball Programs

## *Racquetball Shuttles - 10am (Tim Keaveny)*

Doubles Shuttle.....Saturday January 6, 2018 - East

Singles Shuttle.....Saturday March 31, 2018 – East

## *Juniors Program @ South – Saturday Mornings 10am-12pm (Instructor Tim Keaveny)*

8 and Over Saturday 10am – 12pm

Session #1.....September 30, 2017 – December 2, 2017 - South

Session #2.....January 20, 2018 – March 24, 2018 – South

## *JR & High School Racquetball Class – Wednesday's 6pm – 8pm (Tim Keaveny & Jesse Keaveny)*

Session #1.....October 4, 2017 – November 29, 2017 – South

Session #2.....January 17, 2018 – March 7, 2018 – South

## *Racquetball 101 @ East & South (Tuesday Nights 6:00 – 7:30pm) (Ben Cuaresma)*

Session #1.....November 7, 14, 21, 28, 2017 - East

Session #2.....January 9, 16, 23, 30, 2018 - South

Session #3.....March 6, 13, 20, 27 2018, - South

## *Free Clinics (Monthly @ East & South) (Monday Nights 6:30 – 7:30pm) (Ben Cuaresma)*

Forehand & Backhand Stroke #2.....November 6, 2017 (East)

Serves to Win.....December 4, 2017 (South)

Offensive Shots & Strategy.....January 8, 2018 (East)

Defensive Shots & Strategy.....February 5, 2018 (South)

How to play doubles and win.....March 5, 2018 (East)

Advanced Shots & Strategy.....April 2, 2018 (South)

## *Free Clinics @ Palmer (Saturday Afternoon 1:00 – 2:30pm) (Ben Cuaresma)*

Forehand & Backhand Stroke #2.....November 4, 2017

Serves to Win.....December 2, 2017

Offensive Shots & Strategy.....January 6, 2018

How to play doubles and win.....February 3, 2018

Advanced Shots & Strategy.....March 3, 2018

## *Never played Racquetball clinic series Saturday's @ East (Morning) then Valley or Eagle River (Afternoon) (Tom Hood)*

East - 10-11:30am / Valley - 1:00-2:30pm – October 7, 2017

East - 10-11:30am / Eagle River - 1:00-2:30pm – November 25, 2017

East - 10-11:30am / Valley - 1:00-2:30pm – January 27, 2018

East - 10-11:30am / Eagle River - 1:00-2:30pm – February 10, 2018

East - 10-11:30am / Eagle River - 1:00-2:30pm – March 17, 2018

East - 10-11:30am / Valley - 1:00-2:30pm – April 14, 2018