

RACQUETBALL CLINICS

@EAST & SOUTH

Free Racquetball Clinics Monthly!

Mondays from 6:30-7:30pm

Brandon Cuaresma & Ben Cuaresma (AmPRO Certified Instructors)

**Intro to Racquetball For
Beginners #1**

November 4 at East Club

**Intro to Racquetball For
Beginners #2**

December 9 at South Club

**Forehand & Backhand
Strokes**

January 6 at East Club

**Serves & More Forehand &
Backhand Shots**

February 3 at South Club

How to Play Doubles & Win

March 2 at East Club

**Racquetball Drills &
Review**

April 6 at South Club

For more information contact
Ben Cuaresma at 907-301-6344
or Brandon Cuaresma at 907-947-6890

THE WAY
fitness SHOULD BE



THE ALASKA CLUB